



HAYS CISD

School Health Advisory Council

Overview and Purpose of SHAC
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Healthy Students are Better Learners

- A district level advisory council that “assists the district in ensuring local community values are reflected in the district’s health education instruction.”

**Texas Education Code, Title 2, Chapter 28, §28.004*



What is it?

- Mandated by State Law
- Appointed by the School Board
- A voice for parents and the community
- A way to share importance of health to district and School Board
- Recommending body to the Board of Trustees



What does the SHAC do?

- Reviews all health related curriculum
- Makes recommendations on health related topics
- Meet at least 4 times per year
- Prepare annual report for School Board
- Record meetings, maintain minutes, and post publicly
- Board Policy EHAA - Wellness Plan
- Board Policy FFA



Benefits of the SHAC

- Supports a whole child approach to education
- Emphasizes a healthy school community
- Be a credible, collective voice of support for healthy children and youth
- Facilitates parental involvement mandates and collaboration on district goals
- Utilize and make the most of community resources and assets

School Health Advisory Council



- SHAC's responsibilities evolve
 - Current health trends
 - Upcoming legislative session
- Hays CISD SHAC site
- Hays CISD SHAC Bylaws
 - Allow voting and non-voting members
 - At least 10 and no more than 30 members
 - 2 year terms
 - with 2 consecutive term limits
 - Meeting structure
 - Follow Robert's Rules of Order
 - Quorum for voting
 - one quarter of voting membership to be present



Focuses for this year

- Non-UIL Weather Guideline Review
- Wellness plan review/update
- Tucker's Law Implementation
- Mental Health resources
- Physical Activity minutes